

Spa Treatment Menu



*Hand*PICKED
— HEALTH CLUBS & SPAS —

Face

Touch Facials:

ELEMIS hands-on facial treatments use touch as a powerful diagnostic tool, product is applied using a combination of ancient and modern massage techniques from around the world.

Anti-Ageing Facials

ELEMIS Pro-Glow Smooth Facial 55 minutes £90

Skin Solutions Facials

(Tailored by your therapist)

ELEMIS Pro-Glow Brilliance Facial 55 minutes £90

ELEMIS Pro-Glow Resurface Facial 55 minutes £90

ELEMIS Pro-Glow Renewal Facial 55 minutes £90

ELEMIS Pro-Glow Express Facial 25 minutes £60

Technology Facials:

ELEMIS BIOTEC facials use the pioneering innovation of the BIOTEC machine to switch the skin back on, increasing its natural cellular energy.

Anti-Ageing Technology Facials

ELEMIS Biotec Pro-Glow Smooth Facial+ 55 minutes £90

Skin Solutions Technology Facials

ELEMIS Biotec Pro Glow Brilliance Facial+ 55 minutes £90

ELEMIS Biotec Pro Glow Resurface Facial+ 55 minutes £90

Massage

OTO CBD Sleep Soundly Massage Treatment 85 minutes £150

OTO CBD Wellbeing Massage 70 minutes £114

OTO CBD Express Bamboo Back, Neck and Shoulder Massage
25 minutes £70

ELEMIS Freestyle Deep Tissue Massage 70 minutes £124

ELEMIS Freestyle Deep Tissue Massage 55 minutes £90

Traditional Full Body Massage 55 minutes £90

ELEMIS Freestyle Deep Tissue Massage 40 minutes £75

ELEMIS Freestyle Deep Tissue Massage 25 minutes £60

Traditional Back Neck & Shoulder Massage 25 minutes £60

Heat Treatments

ELEMIS Deeper than Deep Hot Stone Massage 70 minutes £124

ELEMIS Deeper than Deep Hot Stone Massage 55 minutes £100

ELEMIS Poultice Powered Muscle Release 55 minutes £100

Pregnancy

ELEMIS Peaceful Pregnancy Massage 55 minutes £90

ELEMIS Pregnancy Facial 55 minutes £90

Suitable for all mothers-to-be from 13 weeks of pregnancy

Speciality Treatments

Sports Massage 55 minutes £100

Sports Massage 25 minutes £70

Reiki 55 minutes £90

Reflexology 40 minutes £75

Indian Head Massage 25 minutes £60

Combination Treatments

Full Body Massage & Luxury Facial Combo 115 minutes £164

Luxury Facial & Back Neck, Shoulder Massage 85 minutes £140

Full Body Massage & Express Facial Combo 85 minutes £140

Face & Body Combo Treatment 55 minutes £90

Body Scrub & Massage Combo Treatment 55 minutes £90

Fingers and Toes Combo Treatment 55 minutes £68

Body: Rituals Scrubs & Wraps

ELEMIS Frangipani Body Nectar Nourishing Wrap 55 minutes £90

OTO CBD Body Jam Ritual 25 minutes £70

ELEMIS Intensely Cleansing Lime & Ginger Salt Scrub 25 minutes £60

ELEMIS Intensely Cleansing Frangipani Salt Scrub 25 minutes £60

Hands & Feet

Luxury Pedicure 70 minutes £60

Classic Pedicure 55 minutes £55

Luxury Manicure 55 minutes £55

Classic Manicure 40 minutes £50

Shape and Polish for Toes 25 minutes £35

Shape and Polish for Fingers 25 minutes £35

Please bring open toe shoes to wear after your pedicure.

Gelation Nails

Removal and Classic Pedicure 70 minutes £70

Removal and Classic Manicure 55 minutes £65

GEL Pedicure 55 minutes £60

GEL Manicure 40 minutes £55

GEL Shape and Polish 25 minutes £40

GEL Removal 25 minutes £20

Terms and conditions. Please visit our website for further information on: Hand Picked spa booking terms and conditions. Opening and closing times. How to book and methods of payment. Cancellation policy. Health guidelines.

All prices may be subject to change.

handpickedhotels.co.uk/spa-termsandconditions

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Central Reservations 01642 706634

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HOTELS